

August 2nd 2017

Back to The Grind?

Read the Mission Statement. Encourage everyone to be involved but to be sure and allow others to participate and to keep their comments on topic.

WORSHIP: Begin with a time of encouraging one another by recognizing something that someone does for God or that God does through them. BE SURE EVERYONE IS TALKED ABOUT. You might have them comment about the person next to them.

LESSON: Read the Scripture
1 Corinthians 9:24-27 (ESV) 24 Do you not know that in a race all the runners run, but only one receives the prize? So run that you may obtain it. 25 Every athlete exercises self-control in all things. They do it to receive a perishable wreath, but we an imperishable. 26 So I do not run aimlessly; I do not box as one beating the air. 27 But I discipline my body and keep it under control, lest after preaching to others I myself should be disqualified.

School time is here and everyone is going to try and get back into a groove or routine. Going to bed at a decent time and getting up early enough to get where you need to go in time. Some habits that were developed during the summer will give way to new habits that we will have to build for the next year. The challenge is developing a disciplined life that enables us to do what we need to do successfully.

As a Christian, discipline is vital. That is why we are instructed to live a disciplined life. Paul even points out that discipline is the difference when it comes to salvation. Without discipline we can become a castaway.

We should strive to live a disciplined life both naturally and spiritually. Discipline is not easy but the reward is great.

Hebrews 12:11 (ESV) For the moment all discipline seems painful rather than pleasant, but later it yields the peaceful fruit of righteousness to those who have been trained by it.

And you will know if your discipline is successful if it leads to more discipline. Either greater self-discipline or discipline developed by others.

DISCUSSION

- 1) Name some areas that Christians should be disciplined in.
- 2) By using the analogy of an athlete, Paul defines the difference between those with good intent and those that reach the finish line as being discipline. How does that apply spiritually in our lives?
- 3) What keeps people from being more disciplined?
- 4) What is an area that you will have to become more disciplined about over the next month or two?
- 5) Can discipline ever become unhealthy or dangerous to both the physical and spiritual? What is the key to discipline?

Balance, Patience, Accountability

PRAY: Have a moment of prayer and commitment. Lead with a time of repenting and then encourage corporate commitment.

HOME FELLOWSHIP MISSION STATEMENT

It is the mission of the Home Groups to provide the Body of Christ a safe haven to minister to the needs of others by opening our homes in fellowship, joining together in worship, and encouraging each other to become more like Christ.

UPCOMING EVENTS

Men's Conf. in Nashville – Aug 18th & 19th

Daughters of Destiny – Aug 25th – 26th

Water Day – Sept. 4th